

## **Client Agreement & Disclosure Statement**

Thank you for your interest in engaging the services of Dani Antman (“Dani”) either in person or via distance by telephone, Video Zoom, or another electronic platform, whichever is applicable. Dani is providing you with the following information so you can make an informed choice about your decision to engage her services. Please read this information carefully and let Dani know if there is any part you do not understand.

### **1. Services Offered**

Dani offers her services as an Alternative Healing Arts Practitioner under California’s Health Care Freedom Act, working with clients to provide them with the opportunity to experience optimal wellness and to increase their success and fulfillment in life. The methods she primarily uses in her practice are **Energy Healing Techniques, Somatic Experiencing, and Nondual Kabbalistic Healing** which are considered part of the field of Complementary and Alternative Medicine (collectively the “CAM Methods”). Dani offers a holistic approach aimed to bring clients’ physical, mental, emotional, and spiritual well-being into balance. Her intent is to support her clients in developing and stabilizing new energy patterns and releasing negative thoughts, limiting beliefs, and mental and emotional obstacles that may be interfering with their ability to experience a deep sense of connectedness to their own inner-being. For those clients experiencing a spiritual awakening, Dani also provides spiritual guidance intended to help clients navigate and integrate spiritually transformative experiences. Please be advised that you have the option of using individually or collectively any of the CAM Methods offered by Dani as part of your work with her.

### **2. CAM Methods/Theoretical Approach**

CAM Methods is a shared term used to refer to a variety of alternative healing techniques, approaches, methods, and intuitive assessments based on the use and modification of energy fields and other spiritual and metaphysical processes. They are meant to promote health and well-being in mind, body, and spirit. The prevailing premise of the CAM Methods is that the flow and balance of the body’s electromagnetic and more subtle energies are important for physical, emotional, mental, and spiritual health, and for fostering well-being. If you ever have questions or concerns about the nature of the theories and methods offered, please feel free to ask Dani for further resources or references. For further information regarding the CAM Methods, please refer to the **Additional Client Information & Office Policies** document which is attached hereto and made part of this Agreement.

Although the CAM Methods appear to have promising health benefits, they are considered outside traditional Western approaches to health and wellness. Therefore, they have yet to be thoroughly researched by the Western academic, medical, and psychological communities. Consequently, the CAM Methods are considered experimental and the extent of their effectiveness, as well as their risks and benefits, are not fully known. The practice of the CAM Methods is self-regulated and no state in the United States licenses practitioners of the CAM Methods and considers the CAM Methods to be *complementary* and *alternative* wellness approaches.

### **3. Nature of the Relationship**

***By signing this document, you understand that Dani is offering her services solely as an Alternative Healing Arts Practitioner. She is not a psychotherapist, physician, or any other licensed health care provider nor are her services licensed by the state of California. Under Sections 2053.5 and 2053.6 of California’s Business and Professions Code, Dani can offer you her services as an Alternative Healing Arts Practitioner, subject to the requirements and restrictions that are described fully therein.***

In addition, you understand that as a practitioner of the CAM Methods, Dani does not provide any medical, psychological, or any other licensed health care advice, opinion, or service and does not diagnose, treat, or

cure any disease, condition, or other physical or mental ailment. Also, although Complementary and Alternative Medicine uses the term “medicine” and the CAM Methods are intended for “healing”, it is not to be construed that the use of the CAM Methods is the practice of medicine, psychotherapy, or any other licensed health care practice. Rather Dani offers her services to clients with the intention to assist them in restoring balance and energetic flow in the body; thereby, creating the opportunity for the mind/body to heal naturally. You understand there is a distinction between “healing” using the CAM Methods and the practice of any licensed health care practice. Therefore, your relationship with Dani is not to be construed as psychotherapy, medical treatment, or any type of licensed health care service.

#### **4. Other Important Information Regarding the CAM Methods**

You understand that the services Dani offers and the use of the CAM Methods are not intended to be a substitute for medical or psychological diagnosis or treatment and they do not replace the services of licensed health care providers. You agree and understand that it is your responsibility to consult with your licensed health care provider for any specific health care issues or problems. Further, you understand that any information shared during a session is not to be considered a recommendation that you stop seeing any of your licensed health care providers or using prescribed medication, if any, without consulting with your licensed health care provider, even if after working together it appears and indicates that such treatment or medication is unnecessary.

#### **5. Outcome Expectations/Risks and Benefits**

While it is not possible to provide any guarantees regarding your goals, Dani will work with you to achieve the best possible results for you. Participation in sessions can result in a number of benefits to you, including improvement and/or resolution of the specific concerns that led you to seek help. Most clients experience positive outcomes with their session(s) but it is unknown as to how you will personally respond to any of the CAM Methods you may use during your session(s).

While the CAM Methods are considered gentle and non-invasive, it is possible during or after a session to experience some physical discomfort and/or emotional distress that can be perceived as negative. Also, with some of the CAM Methods, it is possible to experience some physical discomfort and/or emotional distress related to upsetting or stressful experiences you may have had earlier in your life. Occasionally some people have experienced dizziness, nausea, or anxiousness as occasional side-effects from energy work. You agree to promptly inform Dani if you experience any physical discomfort and/or emotional distress during or after a session. If appropriate, she can help refer you to an appropriate professional health care provider for further assistance.

#### **6. Confidentiality**

Except as provided below, Dani will maintain your confidentiality and will not disclose any information you share with her during your session(s) without your prior written permission. You may direct her to share information with whomever you choose and you can revoke that permission at any time. Dani will break confidentiality if she believes you may harm yourself or another, if she is required to do so by court order, or to report abuse or neglect of a child, dependent, or older adult. ***Further, please be advised that if any communication regarding your session(s) is conducted over the phone or via Zoom or another electronic platform, it is not possible to guarantee the confidentiality of the information contained in any of in any of these electronic communications***

#### **7. Cancellations**

Scheduling of sessions involves the reservation of time specifically for you. Therefore, once a session is scheduled, you will be expected to pay for the session unless you provide 24 hours' advance notice of cancellation. If you miss a session without canceling, or cancel with less than 24 hours' notice, then you will forfeit the funds for that session.

#### **Acknowledgment & Consent to Receive Services**

By signing this document, you agree that Dani has disclosed to you sufficient information to enable you to decide to engage or not engage her services. You have considered all of the above information and the attached ***Additional Client Information/Office Policies & Procedures*** document and have obtained whatever information or professional advice you deem necessary to make an informed decision.

You understand that your consent to the nature of your session(s) is given voluntarily, without coercion, and may be withdrawn in the future. You represent you are competent and able to understand the nature and consequences of your session(s) and the use of the CAM Methods and agree to be personally responsible for the fees related thereto.

You have discussed with Dani the nature of the services to be provided and you understand that she is only offering her services as an Alternative Healing Arts Practitioner. Further, you understand that your relationship with Dani is not to be construed as medical treatment, psychotherapy, or any other licensed health care service, nor are her services a substitute for these services. Dani has disclosed to you that she is not a licensed health care provider and her services are not licensed by the state of California.

You understand that the CAM Methods are considered outside of traditional Western approaches and the extent of their effectiveness, as well as their risks and benefits are not fully known. Therefore, you agree to assume and accept full responsibility for any and all risks associated with them. Further, you agree and understand this Agreement is intended to be a complete unconditional release of liability and assumption of risk to the greatest extent permitted by law.

Any and all matters in dispute between the parties to this Agreement, whether arising from or relating to this Agreement itself, or arising from alleged extra-contractual facts prior to, during, or subsequent to this Agreement, including, without limitation, fraud, misrepresentation, negligence or any other alleged tort or violation of the contract, shall be governed by, construed, and enforced in accordance with the laws of state of California, without regard to conflicts of law doctrines and regardless of the legal theory upon which such matter is asserted. This Agreement shall be binding upon you, your heir(s), and legal representative(s). If any portion of this Agreement is held to be invalid, it is agreed that the balance of this Agreement shall continue in full force and affect.

By signing in the space provided below, you knowingly, voluntarily, and intelligently assume these risks and agree to forever fully release, indemnify, hold harmless and defend Dani, her employee(s), and others associated with Dani from and against any and all claims or liability, of whatsoever kind or nature, which you may have for any loss, damage, or injury, including without limitation, physical, emotional, mental, legal, financial, or personal, arising out of or in connection with your sessions(s) and the use of CAM Methods.

In order to use Dani’s services, California state law requires that you acknowledge receipt of the information provided in this Client Agreement & Disclosure Statement. Dani will keep an original in her records for at least three (3) years.

\_\_\_\_\_  
Client Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Print Name

Yes, I agree to the terms and conditions outlined in this document.

***\*If you are submitting this Client Agreement & Disclosure Statement electronically, typing your name in the space provided above will be considered your signature and constitute your acceptance and agreement of this Client Agreement & Disclosure Statement. This Client Agreement & Disclosure Statement becomes effective as of the date typed in above.***

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**CLIENT INFORMATION & OFFICE POLICIES**  
**Attachment to CLIENT AGREEMENT & DISCLOSURE STATEMENT**

**1. CAM Methods**

**Energy Healing Techniques**

Energy Healing Techniques is a shared term used to refer to a variety of energy-based approaches that work with selected aspects of the human energy system. The Energy Healing Techniques are designed to assess where the body's energies are blocked or not in harmony and then unblock and balance the flow of these energies; thereby creating the opportunity for the mind/body to heal naturally. With some of the techniques, the practitioner uses light static on-the-body touch and/or near-to-body touch and may use his/her hand as a tool for moving and harmonizing the body's energies and fields. These techniques can also be used to assess the energetic impact of how thoughts, beliefs, and emotions can influence the health and well-being of an individual. For in-person sessions, clients rest comfortably fully clothed either on a massage table or in a comfortable chair. Dani will explain to you what she is doing and why, and will ask your permission before touching your body. Energy Healing Techniques can also be given at a distance.

**Somatic Experiencing**

Somatic Experiencing is a body-oriented technique that aims to resolve symptoms of stress and shock that can accumulate in a client's body. The theoretical basis of Somatic Experiencing is that we have an innate capacity to restore well-being after experiencing overwhelming life events. It is considered a gentle way of working with the nervous system. Somatic Experiencing is designed to discharge stuck memories, sensations and feelings, so that normal functioning can be returned.

**Nondual Kabbalistic Healing (NKH)**

NKH draws from the Jewish mystical tradition and uses the ten sefirot of the Tree of Life intended to enliven a client's greater wholeness. NKH employs modalities that are designed to work with all aspects of a client's life—the struggles, problems, and messiness; as well as the triumphs, curiosities, and desires—to support an ongoing relationship with this wellspring. It can shift the deepest patterns enabling clients to engage fully in life with an open heart. Suffering can cease as clients have the opportunity to discover their authentic selves and the fundamental wholeness that is already present in the midst of adversity.

**2. Payment Policies**

Sessions are payable via the website, daniantman.com or PayPal, Zelle, and Venmo.. This Agreement must be signed and payment must be received at least 24 hours in advance of your initial session. If this Agreement and payment are not received at least 24 hours in advance, then your initial session must be rescheduled. Payment is expected prior to any subsequent session(s) you book unless previous arrangements have been made.

**3. Certifications & Training**

- Barbara Brennan School of Healing, 4-year training, graduated in 1992.
- Center for Intentional Living, 3-year training in developmental psychology, behavioral therapy and object relations, intended for energy healing practitioners, graduated in 1998.
- School of Nondual Healing and Awakening, 3-year training, graduated 1996.
- All Faiths Seminary International, 1-year training, licensed Interfaith Minister, 2004.
- Somatic Experiencing Practitioner, 3-year training, graduated in 2012.
- Organic Intelligence, 96-hour training in Somatic process, 2016.
- Kathy Kain, Somatic Practice touch training, 3-day course, 2018.

#### **4. Distance/Remote Sessions**

If you and Dani have agreed to conduct a session via Zoom, or another electronic platform, Dani will provide you with a link via email or text in order to connect with her for the session. If for any reason, Dani has not connected with you by phone or via the internet link provided for the session by the scheduled start time of such session, then your session will need to be rescheduled subject to mutual availability. If Dani and you encounter a disruption of the session due to technical or weather-related difficulties, Dani and you agree to make every reasonable effort to re-establish the connection in order to continue and complete the session. However, in the rare event Dani and you are not successful in re-connecting and completing the session, you shall be obligated to pay pro-rata the applicable session fee based on the amount of time Dani and you were actually able to conduct the session or reschedule the remaining time. For all sessions that are conducted via distance, you are advised to be in a quiet location with no distractions.

#### **5 Termination of Services**

As provided above, you have the right to terminate this Agreement and withdraw your consent to receive Dani's services at any time. Dani also has the right to terminate this Agreement and cease providing you with her services at any time. It is Dani's general policy to terminate the relationship with any client, if in her sole opinion, she cannot be of benefit to that client, if the services the client needs are outside her scope of practice, if the client is non-compliant or non-responsive, or if the client fails to pay for his/her session(s).